



## PRESIDENT'S MESSAGE

Just a reminder for everyone it is time to register for the new Track & Field season so that athletes are eligible to compete when the new club season begins i.e. 1/10/2015.

If in doubt about registering especially for the first time, information is at the clubhouse on training nights – and also become familiar with the QA calendar of events for the 2015-16 season on the QLD Athletics website at [www.qldathletics.org.au](http://www.qldathletics.org.au)

It was a wonderful experience to travel to Apia, Samoa to see the running of the V Commonwealth Youth Games (16-17yrs for athletics) and see almost 1000 athletes compete in 9 sports. The different cultures was one of the many highlights.

Vic



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## LOOKING AHEAD!

I do know there are PB's being made at some of the track meets and I believe they will be an excellent chance for State selection next month along with many others who are training hard from our Club.

**There are plenty of important events in the near future. The list is as follows;**

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| 16 <sup>th</sup> – 17 <sup>th</sup> October 2015  | Queensland Primary School Track & Field Championships, Townsville. |
| 21 <sup>st</sup> November 2015                    | Noosa Gift Twilight Carnival <b>Entries close 12/11/2015</b>       |
| 22 <sup>nd</sup> – 25 <sup>th</sup> October 2015  | Queensland Secondary School Track & Field Championships, Brisbane. |
| 4 <sup>th</sup> – 6 <sup>th</sup> December 2015   | Australian All Schools Track & Field Championships, Melbourne.     |
| 7 <sup>th</sup> December 2015                     | Australian School Teams Knockout Finals, Melbourne.                |
| 12 <sup>th</sup> 13 <sup>th</sup> December 2015   | Relay Track & Field Championships, Brisbane.                       |
| 11 <sup>th</sup> – 14 <sup>th</sup> February 2016 | Queensland Junior Track & Field State Championships.               |
| 26 <sup>th</sup> – 28 <sup>th</sup> February 2016 | Queensland Open Track & Field State Championships.                 |
| 8 <sup>th</sup> – 13 <sup>th</sup> March 2016     | Australian Junior Track & Field Championships, Perth.              |
| 31 <sup>st</sup> Mar – 4 <sup>th</sup> April 2016 | Australian Open Track & Field Championships, Sydney.               |
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## Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th October 2015** at 7pm. All welcome.

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### *Just a Thought'*

*I've learned that....*

*Work and hope, but don't hope more than you work.*

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## Happy September Birthdays

Joshua Crilly    Liam Stolberg  
Anthony Buhse  
Lindsay Shard    Irene Dobbie (**Life Member**)

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## Track & Field

**All Track and Field events** are now scheduled on the [Queensland Athletics website](#)

**Registration for the new 2015-2016 season** is **OPEN** from the 1st October 2015. Members may now renew their registration.

The season runs from 1<sup>st</sup> October 2015 to 30<sup>th</sup> September 2016.

All current QA memberships will expire on Monday 30 September 2015, so renew now to ensure that your membership remains current.

If you need any assistance with your membership renewal, please contact Queensland Athletics on 07 3343 5653 or email [info@qldathletics.org.au](mailto:info@qldathletics.org.au)

[www.qldathletics.org.au](http://www.qldathletics.org.au)

**QAL now has several events scheduled on their website [www.qal.org.au](http://www.qal.org.au)**

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## Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

Points are allocated for each Club meet performance for all Club athletes. These points are then tallied for award presentations of the 2015/16 season.

### The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$52-00
Boys Singlet's	\$37-00
Boys Shorts	\$57-00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

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## Answer to the Question

The winner of the **August** question was **Joshua Carrick.**

The correct answer was: **“None, Moses wasn't on the ark Noah was.”**

## A new question is as follows:

1-2-3-4-5-6

*I am a 6 letter word.*

*Letters 6-5-2 spell out a drink.*

*Letters 4-5-2-3 spell out a fruit.*

*Letters 1-2-6 spell out a pet.*

*Letters 3-2-6 spell out a pest, which often gets eaten by 1-2-6.*

*What am I?*

**Think carefully!!!**

The **first** person to reply by email with the correct answer wins a prize.

**Email:** - [vgpascoe1@bigpond.com.au](mailto:vgpascoe1@bigpond.com.au)

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## Club Training Nights

Training nights on Monday and Wednesday nights 7pm to 9pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

## V Commonwealth Youth Games 5<sup>th</sup> -11<sup>th</sup> Sept 2015

Club athlete **Miriam Peni** (16yrs) ran for the PNG team in the 100m and 200m. Miriam done herself proud by finishing sixth in the final for both events. This competition is for 16-17yrs.

It was a marvelous effort as she did something not many athletes can do, this was to be able to run faster at each race i.e. heat, semi-final and final for both events. It was a wonderful achievement with a **PB** in her last event, the 200m final. Well done.



Miriam Peni



At one of the workshops at the games

# Mulgowie Gift

On September 6<sup>th</sup> 2015 some of our club athletes ran exceptionally well at the Mulgowie Carnival of gifts.



Larissa Chambers winning 100m Ladies Mulgowie Gift



The Presentation



Patrick

Troy

The Masters Presentation with Patrick McCarthy and Troy Sherlock as finalists.